





December 2018

A month of kindness in The Foundation Room



Mon	Tue	Wed	Thu	Fri	Sat	Sun
	B	E			<i>1</i> Say goodnight with a big hug !	<i>2</i> Sing a Christmas song
<i>3</i> Remember to say thank you to someone	<i>4</i> Hold the door open for an adult	<i>5</i> Give someone a big smile	<i>6</i> Dance to some Christmas music	<i>7</i> Talk to someone you don't usually talk to	<i>8</i> Tidy your bedroom	<i>9</i> Say thank you for your food
<i>10</i> Draw a picture for your friend	<i>11</i> Pick something up and put it away	<i>12</i> Give someone a hug	<i>13</i> Play with someone who is on their own	<i>14</i> Draw a heart and give it to a friend	<i>15</i> Pick up some litter if out for a walk	<i>16</i> Help clear the dinner table
<i>17</i> Say 'Hello' to someone	<i>18</i> Make a card for someone special	<i>19</i> Help a friend	<i>20</i> Make someone laugh out loud	<i>21</i> Bring a food item to school so we can share with our friends at a special party.	<i>22</i> Visit someone who might be lonely	<i>23</i> Give someone a big hug
<i>24</i> Leave a gift out for Santa	<i>25</i> MERRY CHRISTMAS !!!	<i>26</i> Tell someone a Christmas joke	<i>27</i> Remember to say thank you	<i>28</i> Share your toys	<i>29</i> Feed the birds	<i>30</i> Tell someone you love them
<i>31</i> Write a kind note to someone special	HAPPY NEW YEAR!!!		K	I	N	D